



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date : 31st October, 2019

To,
The Secretaries / Executive Committee Members / Life Members
Units of Western India Zone
Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No. : IBBF/WZ/CR-03-19-20

Sub. : “Mayor Trophy - Western India Body Building Championship 2019 “

Dear Sir/Madam

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated Units of Western India Zone to participate in the "**Mayor Trophy – Western India Body Building Championship 2019**"; in the memory of Deputy Mayor Late Shri Premnarayan Yadav and under the Patronage of **Ujjain Nagar Palik Nigam and State Body Building Association, M.P.**, Ujjain. The said competition is organized by **Rajya Sharir Saushthav Sanstha** on 7th December, 2019 at Kartik Mela Parisar, Near Kshipra River, Ujjain.

We on behalf of Indian Body Builders Federation humbly request all the affiliated Units of Western India zone to participate with best of their body builders to make this championship a grand success.

This Championship is open only for the athletes of the affiliated state association of the Western India Zone.

Your kind co-operation is solicited.

Thanking you,

For Indian Body Builders Federation

Mr. Chetan M. Pathare
Secretary General





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“Mayor Trophy – Western India Body Building Championship 2019”

PARTICULARS

- Contest** : Mayor Trophy – Western India Body Building Championship 2019
- Date** : 7th December, 2019
- Organizer** : **Ujjain Nagar Palik Nigam and
Rajya Sharir Sausthav Sanstha**
- Reception / Registration** : Hotel Grand, Behind Ujjain Railway Stn., Ujjain.
- Venue for Finals** : Kartik Mela Parisar, Near Kshipra River, Ujjain
- Nearest Railway Station** : Ujjain, M.P.
- Nearest Airport** : Indore
- Weight Group**
- Men’s Bodybuilding** : **Total Ten Weight Groups**
Up to & inclusive 55 kgs
Up to & Inclusive 60 kgs
Up to & inclusive 65 kgs
Up to & Inclusive 70 kgs
Up to & inclusive 75 kgs
Up to & Inclusive 80 kgs
Up to & inclusive 85 kgs
Up to & Inclusive 90 kgs
Up to & Inclusive 100 Kg
Above 100 Kgs
- Eligibility** : All the affiliated Units of Western India Zone only can send Maximum numbers of body builders since there is no limit on numbers of athletes.
- Doping** : Dope test will be conducted at random by the National Anti Doping Agency (NADA), New Delhi



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**Prizes & Awards for
Men's Body Building**

- :
: 1. First Five places in each category will receive Cash, Medals, Certificates and Memento.
2. First FIVE places in each category will receive cash Prizes of Rs. 7,000/-, Rs.6,000/-, Rs.5000/-, Rs.4000/-, Rs.3000/- along with Merit Certificates respectively.
3. Overall Champion will receive Cash Prize of Rs.51,000/- Along with Merit Certificate.
4. Best Poser will receive Cash Prize of Rs.21,000/-
5. Most Improved Body Builder will receive Cash Prize of Rs.11,000/-
5. All the participants will receive participation certificate.

Entry Fees

Men's Bodybuilding : Rs.1000/- per competitor

Last Date for Entry : 15th November, 2019

Contact : Prem Singh Yadav – 09425091710
Atin Tiwari - 9827414447
Shailendra Vyas - 9425091025
Jitendra Kushwaha - 9827360755

IBBF Secretariat : Mr. Chetan Pathare – Secretary General
Mobile: 099679 71970

- Rules for the Contest** : 1. Team Managers please note that the competitors who fail To report for the weighing-in within the time limit will be eliminated from the championship.
2. All officials and competitors must arrive prior to the schedule.
3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same and the State Association/Union Territories and Sports Boards will have to bear the cost of the same before departure.
4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.
5. Golden, Silver, and Bronze colour tanning cream is not allowed.
6. It is compulsory for the participants participating for Best Poser contest to bring their own music CD, Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.

Please Note : The Indian Body Builders Federation, State Body Building Association, M.P., Ujjain Nagar Palik Nigam or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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SCHEDULE

Saturday 7th December, 2019

Upto 10.00 AM : Arrival of all competitors, officials and judges
8.00 AM to 10.00 AM : Breakfast
12.00 pm to 2.00 pm : Lunch
11.00 AM to 01.00 PM : Weighing-in
05.00 PM Onwards : Finals & Prize Distribution
09.00 PM : Dinner

Sunday 8th December, 2019

8.00 AM to 9.00 AM : Breakfast
9.30 AM Onwards : Departure



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"Mayor Trophy - Western India Body Building Championship 2019"

OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 15th November, 2019

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	CATEGORY	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Date: 31st October, 2019

RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))

MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This to certify that that _____ Body Builders/Officials of _____ is/are taking part in the "**Mayor Trophy – Western India Body Building Championship 2019**" being organize under the authority of **Indian Body Builders Federation** from **7th- 8th December, 2019** at Ujjain, Madhya Pradesh. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from _____ to _____ and back.

For Indian Body Builders Federation

Mr. Chetan M. Pathare
Secretary General